



Hitched:

God's Great Gift?

Top 5 factors for a healthy marriage

- 1 – communication
- 2 – conflict resolution
- 3 – flexibility
- 4 – personality compatibility
- 5 – closeness

Peace Talks

Ephesians 4:25-5:2
(page 1158)

Recognition that our words have value

Proverbs 18:21

The tongue has the power of life and death, and those who love it will eat its fruit.

James 3:7

All kinds of animals, birds, reptiles and creatures of the sea are being tamed and have been tamed by man, ⁸ but no man can tame the tongue. It is a restless evil, full of deadly poison.

Luke 6:45

The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. *For out of the overflow of his heart his mouth speaks.*

Psalm 19:14

May the words of my mouth and the meditation of my heart be pleasing in your sight, O Lord, my Rock and my Redeemer

Matthew 12:36

But I tell you that men will have to give account on the day of judgment for every careless word they have spoken.

Speak Truth

Speak Truth

Proverbs 12:19

Truthful lips endure forever, but a lying tongue lasts only a moment.

²⁰ There is deceit in the hearts of those who plot evil, but joy for those who promote peace.

Speak Truth

Proverbs 12:22

The Lord detests lying lips, but he delights in men who are truthful.

Proverbs 12:18

Reckless words pierce like a sword,
but the tongue of the wise brings
healing.

Express Sinless Anger

Mark 3:1-5

“...He looked around at them *in anger* and, deeply distressed at their stubborn hearts, ...”

Express Sinless Anger

1 John 3:5 "... in him was no sin"

Express Sinless Anger

Psalm 4:4

In your anger do not sin; when you are on your beds, search your hearts and be silent.

James 1:19

My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ for man's anger does not bring about the righteous life that God desires.

Transformational actions and transformational words.

Proverbs 15:1

A gentle answer turns away wrath, but
a harsh word stirs up anger.

Transformational actions

How did Christ forgive?

- Recognized the seriousness of our violation.
- Unconditionally
- It seeks us
- It cost
- Offered without perfection

What should we do?

1. Make sure we know the value our words have.
2. Work to reconcile peaceably
3. Remember we need the Holy Spirit

Psalm 141:3

Set a guard over my mouth,
O Lord; keep watch over
the door of my lips.



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